

When do I call Life Beat?

The best time to call Life Beat is before you need us. We can meet with you and your family and explain our services in full, all free of cost and commitment. If the time is not right for Life Beat, we will put you in touch with the services that are right for you. Then you can bring Life Beat in when you need us. Discuss your options with your doctor and feel free to call us with any questions. Heart disease is hard enough to manage — you don't have to do it alone. Let Life Beat help you.



Life Beat keeps you comfortably at home, cared for by your family.



Our family caring for yours... when it matters most.

Life Beat — Cardiac Palliative Care
A Program of:
Southern Tier Hospice and
Palliative Care

11751 East Corning Road
Corning, NY 14830
24 Hour Phone: 607-962-3100
Toll Free: 1-800-734-1570
Fax: 607-962-4300
Website: www.STHospice.org

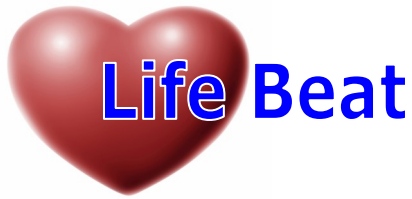
LIFE BEAT

Cardiac Palliative Care



Home-Based
Care and
Support for
Families Coping
with Advanced
Heart Disease

24 Hour Phone:
607-962-3100
1-800-734-1570



— The cardiac care that helps keep you comfortable and at home.



Life Beat helps you stay as healthy and active as possible

What is Life Beat?

Life Beat is a medical program that provides palliative care to advanced cardiac patients in the home. Palliative care is focused on controlling symptoms, such as

pain, shortness of breath, weakness, nausea, fatigue, anxiety and depression. Life Beat brings all the needed people and tools — nurses, home health aides, social workers, clergy, volunteers, medications, equipment — to you at home when you need it. One of Life Beat's goals is to allow you to stay at home and out of the hospital when at all possible. Our care is available 24 hours a day to come to you and help you manage changes and crises. Life Beat cares for the entire family, giving needed support and education to everyone involved.

Who is Eligible for Life Beat?

Life Beat is for people with advanced heart disease whose symptoms are no longer controlled through medications or whose course is complicated by other medical factors. People come to Life Beat when their main focus is controlling their symptoms. All residents of Chemung, Steuben and Schuyler Counties are eligible, including residents of nursing homes.

Who Provides Life Beat Services?

Life Beat is a program of Southern Tier Hospice and Palliative Care, a non-profit agency that is the expert source of palliative care in our area.



The Life Beat Team cares for the whole family, striving to meet their medical, emotional and spiritual needs at home.

Can I Still See my Doctor?

Your doctor continues to manage your care while on Life Beat and you still can meet with your doctor and your cardiologist as needed. Tests and treatments that are needed to keep your symptoms under control can be continued and are encouraged.

What are the costs?

Life Beat is fully covered by Medicare, Medicaid and most private insurances. If you don't have insurance coverage, a sliding fee scale is available.

How Do I Start Life Beat Services?

All it takes is a phone call. Anyone can call and request more information. We can sit down with you and answer all your questions and find out what you need... free of charge and without commitment. When you elect Life Beat services, we can handle the admission process with your doctor.