

## When do I call on *Breath*?

*Call us before you need us. We are flexible in being able to meet with you and your family and explain the Breath Respiratory Care Program in full, all free of cost and commitment. If you feel you are not ready for Breath, we are still available to guide you to the services that are right for you. We will be here when you do need us. Feel free to discuss your options with your doctor and to call us with any questions. Respiratory disease is hard enough to manage — you don't have to do it alone. Let Breath help you.*



Breath keeps you comfortably at home, cared for by your family.



*Our family caring for yours... when it matters most.*

Breath — Respiratory Palliative Care  
A Program of:  
Southern Tier Hospice and Palliative  
Care

11751 East Corning Road  
Corning, NY 14830  
24 Hour Phone: 607-962-3100  
Toll Free: 1-800-734-1570  
Fax: 607-962-4300  
Website: [www.STHospice.org](http://www.STHospice.org)

## **BREATH**

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### Respiratory Palliative Care



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Home-Based  
Care and  
Support for  
Families Coping  
with Advanced  
Lung Disease

24 Hour Phone:  
607-962-3100  
1-800-734-1570



# Breath — The respiratory care that helps keep you comfortable and at home.

## What is *Breath*?

*Breath* is a home care medical program that provides care to advanced respiratory disease patients. *Breath* helps you minimize and control your symptoms in the comfort of your home, only going to the hospital when you absolutely have to. *Breath* provides **palliative care**, which is care focused on controlling symptoms, such as pain, shortness of breath, weakness, nausea, fatigue, anxiety and depression. *Breath* utilizes an experienced staff of nurses, social workers, clergy and volunteers, along with the medication and equipment, that will allow you to stay comfortable in your

home. Care is available 24 hours a day to meet your needs through changes and crises. *Breath* cares for the entire family, providing education and support to meet your family's individual needs.



*Breath* helps you stay as healthy and active as possible

## Who is Eligible for *Breath*?

*Breath* is available for individuals with advanced respiratory disease, such as COPD, whose symptoms are no longer controlled through medications or whose condition is complicated by other medical factors. People come to *Breath* when their main focus is controlling their symptoms. *Breath* is available for all residents of Chemung, Steuben and Schuyler Counties, including residents of nursing homes.



The *Breath* Team cares for the whole family, striving to meet their medical, emotional and spiritual needs at home.

## Who Provides *Breath* Services?

*Breath* is a program of Southern Tier Hospice and Palliative Care, a non-profit agency that is the expert source of palliative care in our area.

## Can I Still See my Doctor?

Yes, your physician will continue to manage your care while on *Breath*. You still can meet with your doctor and your pulmonologist as needed, as well as receive tests or treatments that are needed to keep your symptoms under control.

## What are the costs?

*Breath* is fully covered by Medicare, Medicaid and most private insurances. If you don't have insurance coverage, a sliding fee scale is available.

## How Do I Start *Breath* Services?

All it takes is a phone call. Anyone can call and request more information. We can sit down with you and answer all your questions and find out what you need - free of charge and without commitment. When you elect *Breath* services, we can handle the admission process with your doctor.